

**The Jewish Seniors Alliance of Greater Vancouver**  
*presents their*  
**Annual Fall Symposium 2-4.30 p.m. Sunday, November 3, 2013**  
**at Peretz Centre, 6184 Ash Street, Vancouver**

**'Live to 120:Thriving'**  
***Is the Medical System failing the Elderly?***

**Medications without regard are used as a cure all. When are pills really needed and when are they promoted? Is medication always the answer or are there other concepts of medical care?**

**The public and media thrive on medical myths. Its time to expose these before its too late.**

Dr, Margaret McGregor; A Family Physician and Clinical Associate Professor and a Director of Community Geriatrics with the UBC Department of Family practice; Research Associate UBC Center of Health Services and Policy Research and Vancouver Coastal Health Center for Clinical Epidemiology. She promotes quality of life supporting patients to self manage disease effectively. Researches the topic of chronic disease related to aging and health services for the frail and elderly.

Dr. James McCormack is a Professor UBC Pharmaceutical Sciences. He has extensive experience, both locally and internationally, talking to health professionals and consumers about the rational use of medications. His focus is shared-informed decision making using evidence based information and rational therapeutic principles by analyzing scientific reports, the methods used and the conclusions. Together with Michael Allen he has a weekly Podcast program, Best Science Medical Podcast. BS without the BS.

Johanna Trimble has spoken extensively on her personal experience, "Is your Mom on Drugs?---Ours Was and Here's What We Did About It". She is a member of the Community Engagement Advisory Network (Vancouver Coastal Health). The primary focus of her work is improving medical prescribing practices and care of the frail elderly.

Free admission and Parking. Advance registration is advised.

For further information see the JSAGV website at [www.jsalliance.org](http://www.jsalliance.org) and to register contact Rita or Karon at 604 732-1555